

# BID

BRIDGE DENTAL

Welcome to our factsheet on understanding **VI Peel Treatments**

We aim to provide you with factual insights into the purpose of this treatment, the procedure involved and address common questions related to the treatment.

If you have any questions or require further clarification, our skilled practitioners are available to assist you.



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## FactSheet

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# VI Peel Treatment

## What is a VI Peel Treatment?

A VI Peel is a powerful yet gentle chemical peel designed to treat a variety of skin concerns, including acne, fine lines, pigmentation, and uneven texture. By stimulating collagen production and encouraging cell turnover, this treatment promotes a smoother, more youthful appearance.



**The VI Peels are used to address a variety of skin concerns, including:**

**Targets Acne & Reduces Acne Scarring**

VI Peel treatments are highly effective in addressing active acne and minimising acne scars. These treatments help unclog pores, eliminate acne-causing bacteria, and promote skin healing, resulting in clearer, smoother skin.

**Softens Fine Lines & Wrinkles**

VI Peel treatments stimulate collagen production, helping to firm the skin and reduce the appearance of fine lines and wrinkles. This non-invasive treatment offers a natural way to rejuvenate aging skin, leaving it looking more youthful.

**Brightens Dark Spots & Hyperpigmentation**

VI Peel treatments lighten dark spots, sun damage, and melasma, making it ideal for those struggling with pigmentation issues. By evening out skin tone, it reveals a brighter and more even complexion.

**Refines Skin Texture & Minimises Pores**

By promoting cell turnover, VI Peel treatments smooth out uneven skin texture and reduce the appearance of large pores. This results in a more radiant and polished skin surface.

## What To Expect

At Bridge Dental, we follow a carefully broken-down process to ensure the best possible outcomes for our patients. The VI Peel treatments are carefully organised into four key phases, ensuring you receive the highest level of care:

### 1 Consultation

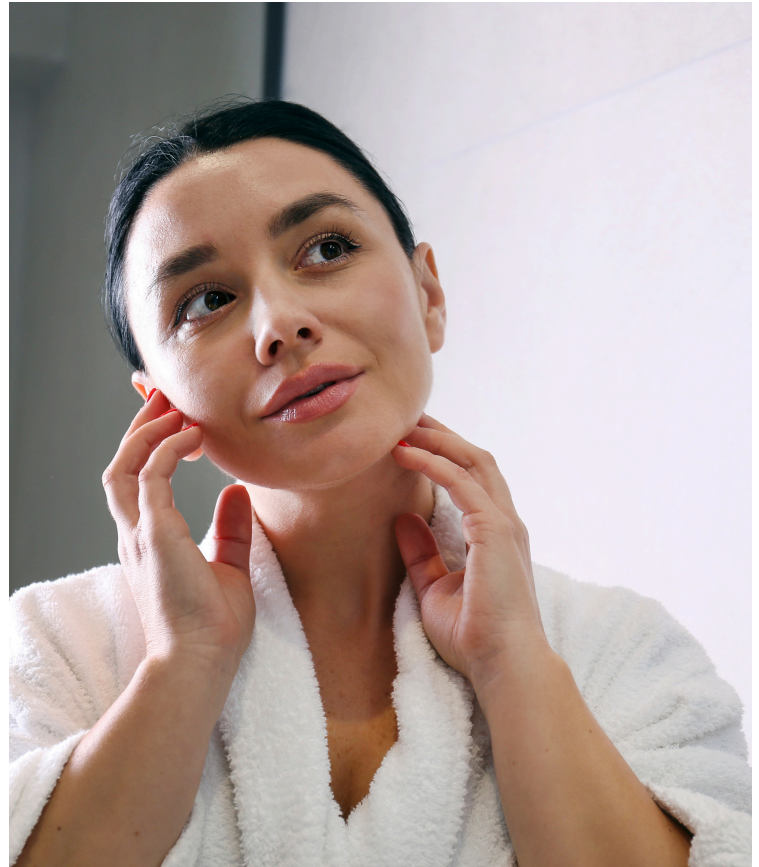
Before your VI Peel treatment, a thorough consultation is required to assess your skin type, concerns, and goals. This consultation costs £70, which will be credited towards your treatment. During this session, we'll develop a personalised plan to ensure the best possible outcome for your skin.

### 2 VI Peel Application

Following the consultation, your VI Peel treatment will be applied during a quick and comfortable session. The peel leaves a yellow/brown tinge on the skin, which needs to be left on for 4 hours before being washed off at home. This phase allows the peel to deeply penetrate the skin.

### 3 Aftercare Kit

After the treatment, you will receive a bespoke aftercare kit. This kit contains specially designed products to soothe and protect your skin during the peeling process. Proper use of the kit is vital to help your skin heal and to achieve the best results.



### 4 Peeling & Recovery

Peeling usually begins around Day 4 and may last until Day 7. During this time, your skin will shed its outer layer, revealing fresh, rejuvenated skin beneath. Following the aftercare instructions is essential to support your skin's recovery.

**FAQ's**

<p><b>How long does the VI Peel treatment take?</b></p>	<p>The VI Peel application itself typically takes about 20-30 minutes. After the peel is applied, you'll need to leave it on for 4 hours before rinsing it off at home.</p>
<p><b>Is there any downtime after a VI Peel?</b></p>	<p>There is minimal downtime with a VI Peel. You can return to most normal activities immediately, but you should avoid strenuous exercise and excessive sun exposure until the peeling phase is over (usually around Day 7).</p>
<p><b>When does the peeling start, and how long does it last?</b></p>	<p>Peeling generally starts around Day 4 after the VI Peel and can continue for up to 7 days. During this time, your skin will shed its outer layer, revealing fresher, healthier skin underneath.</p>
<p><b>Can I go out in the sun after a VI Peel?</b></p>	<p>It's important to limit sun exposure after a VI Peel, especially during the peeling phase. If you do need to go outside, apply broad-spectrum sunscreen as advised in the aftercare instructions to protect your skin.</p>
<p><b>Is the VI Peel suitable for all skin types?</b></p>	<p>Yes, the VI Peel is designed for all skin types and tones. It's gentle enough for sensitive skin while being effective for those with more resilient skin.</p>
<p><b>How often should I get a VI Peel?</b></p>	<p>For optimal results, VI Peel treatments can be done every 4-6 weeks for those treating specific skin concerns. For general skin maintenance, a peel every few months is recommended.</p>

If you have any additional questions or require further information, please do not hesitate to contact our practice.

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